Greetings Milwaukee Community,

The world is in the midst of unprecedented times with the onset of the COVID-19 pandemic crisis. The women of Gamma Pi Sigma Alumnae Chapter of Sigma Gamma Rho Sorority, Inc. have compiled resources to help you navigate these trying times in the Milwaukee community.

For updated resources, please visit our website www.sgrhomilwaukee.org

Remember to social distance, wear masks in public, and wash your hands regularly.

Be safe, well, and whole!

Sigma Gamma Rho Sorority, Inc. Gamma Pi Sigma Alumnae Chapter Sigma Legacy Fund (501(c)3)



About Gamma Pi Sigma Alumnae Chapter & Sigma Legacy Fund

Gamma Pi Sigma Alumnae Chapter of Sigma Gamma Rho Sorority, Inc. has proudly served the city of Milwaukee and surrounding areas since March 15, 1963 providing programming and service that makes a positive impact in the communities that we live, work, worship and do business. Sigma Gamma Rho Sorority, Inc. is a sisterhood of women who set out to enhance the quality of life for women and their families in the U.S. and globally through community service, civil and social action.

Our goal is to achieve greater progress in the areas of education, health awareness and leadership development. It is our vision that all women and their families will reach their full potential in all aspects of life and that we will create unlimited opportunities for future generations.

In 2000, Gamma Pi Sigma chartered the Sigma Legacy Fund, a 501(c)3 organization with a mission to enhance the quality of life of youth and families through education, public service, and leadership development in the Milwaukee Area. The Sigma Legacy Funds allows the chapter to receive and distribute tax-deductible funds to advance our commitment to Southeast Wisconsin.

Free Mask Pick Up at Milwaukee County Health Department Locations

Zeidler Municipal Building (841 N. Broadway) Keenan Health Clinic (3200 N. 36th Street) Northwest Health Center (7630 W. Mill Road) Southside Health Center (1639 S. 23rd Street) Milwaukee Community COVID-19 Resource Guide



Premier Youth Serving-Centers with Food Distribution

Boys & Girls Clubs of Greater Milwaukee bgcgm.club/summer2020 The clubs are open with reduced capacity. Visit the website for location details and to register your child.

COA Goldin Center 2320 W. Burleigh St., (414) 449-1757 Monday 10:00am - 1:00pm, Wednesday 3:00pm - 6:00pm, Saturday 9:00am - 12:00pm

Milwaukee Christian Center 807 S. 14th St., (414) 645-5350 Monday-Thursday 1:00pm-3:00pm, Senior Stockbox Tuesday & Thursday 9:00am-12:00pm

Milwaukee Public Library Facebook.com/MilwaukeePublicLibrary Virtual Story Time Monday - Friday at 10:30am and additional programming at link

Milwaukee Recreation

Facebook.com/MilwaukeeRecreation Virtual Classes take place Monday-Saturday at various times. Visit link for weekly schedule.

Silver Spring Neighborhood Center 5460 N. 64th St., (414) 463-7950

Monday and Wednesday 11:00am - 2:00pm, Senior Stock Box Friday 9:00am - 12:00pm

Virtual Youth Activities

Safe & Sound Virtual Plug In bit.ly/ss-virtual-plug-in Monday, Wednesday, and Friday - 3:00pm - 4:00pm

Free COVID-19 Testing

Custer Stadium - 4300 W. Fairmount Ave. (ran by City of Milwaukee and National Guard) Monday - Thursday 11am-7pm, Friday & Saturday 11am-5pm, Closed Sunday | FREE!

Walgreens - 620 W. Oklahoma Ave. Everyday 9:00am - 5:00pm | Screening required - visit bit.ly/ walgreens-covid-screen, FREE!

UMOS - 2701 S. Chase Ave. (location ran by City of Milwaukee and National Guard) Monday - Thursday 11am-7pm, Friday & Saturday 11am-5pm, Closed Sunday | FREE!

Domestic Violence Assistance

TROs must be filed electronically, call (414) 278-5079

Diverse & Resilient (LGBTQ) Resource Line: (414) 856-5428; resources roomtobesafe.org

Hmong American Women's Association Resource Line: (414) 930-9352

Milwaukee Women's Center 24/7 Crisis Line: (414) 671-6140

Sojourner Family Peace Center 24-Hour Hotline: (414) 933-2722

The Asha Project (African-American women) Crisis Line: (414) 252-0075 (9am - 4pm)

UMOS Latina Resource Center 24-Hour Support Line: (414) 389-6510

WI Hmong Family Strengthening After-Hours Helpline: (877) 740-4292

Free K-12 Educational Resources

Achieve3000.com Designed to help students advance their nonfiction reading skills by providing differentiated online instruction.

BeepBox.com An online tool for sketching and sharing instrumental melodies.

Bubbabrain.com *Review games for elementary-middle school subjects. Also prepares students for the SAT and AP exams.*

Khanacademy.org Offers practice exercises, instructional videos, and a personalized learning dashboard that empower learners to study at their own pace in and outside of the classroom.

Minecraft.net *Promotes creativity, collaboration, and problem-solving in an immersive digital environment.*

Nytimes.com Offers lesson plans and writing prompts to news quizzes, student contests and more all based on articles and images published onYTimes.com.

Popple.com Non-computer related activities for students

Readtheory.org Reading comprehension assessment tool.

ScienceBob.com *Provides experiments, research, Q&A, and other info all focused on science.*

Scratch.mit.edu *Program your own interactive stories, games, and animations.*

Storylineonline.net *Storytelling videos and resources to foster a love of reading.*

Mental Health Crisis Hotlines:

Milwaukee County Crisis Line (24/7): 414-257-7222

Milwaukee County Children's Mobile Crisis Team (24/7) 414-257-7621

National Suicide Prevention Hotline (24/7) 1-800-273-8255

Veteran Crisis Line: 800-273-8255

Non-Crisis Support Lines:

Cope Hotline (Emotional Support 24/7) 262-377-2673

HOPELINE (Counseling & Support 24/7): Text HOPELINE to 741741

LGBT National Youth Talkline: 1-800-246-7743

The Trevor Project LGBTQ Lifeline: 1-866-488-7386

Warmline (6-10 P.M. Mon, Wed, Sat, Sun): 414-777-4729

COVID-19 Mental Resource:

Substance Abuse Mental Health Administration Distress

Hotline (24/7): 1-800-985-5990 or text TalkWithUs to 66746

Free/Sliding Scale Resources:

Access Clinic:

9455 W. Watertown Plank Rd., #200, Milwaukee, WI 53226 Phone: 414-257-7665 Hours: Mon-Friday 8am - 4pm Psychiatric assessment, medication evaluation, peer support services, crisis counseling and/or referrals to appropriate outpatient clinics and community programs.

AMRI Counseling Services:

4001 W. Capitol Dr., Milwaukee, WI 53216 Phone: (414) 455-3879 Fax: 1-866-719-3024 Hours: Monday- Friday 8am-8pm Psychiatry and medication-assisted treatment are also available for pregnant mothers currently using substances. State insurance, private insurance, medicare, private pay and a sliding fee scale.

Horizon Health Care:

5408 W. Burleigh St., Milwaukee, WI 53210 Phone: (414) 362-8147 Hours: Monday - Friday, 9am - 5pm Saturday, 10am - 3pm Professional staff of physicians, nurse practitioners, clinical psychologists, social workers, addictionologists, AODA professionals and peer specialists.